

ABC's of a Successful Mind

Continue to Learn. Learning is the key ingredient in any form of success. You are responsible for improving and increasing your learning capacity. When you become committed to learning and polishing up your skills in the spirit of excellence, success will come knocking at your door. And, regardless of what you do or don't do in life, never stop learning.

Believe in Yourself. Confidence will supersede low self-esteem any day. Most failures in life are derived from giving up too soon; and not only that, giving up on ourselves has contributed to the distorted outlook we may have about ourselves. Despite what you may or may not have to give up, never give up on you.

Free Your Mind to Think. You must be able to think inside the box, outside the box and around the box. Even though you want to keep your mind free to think, you must also guard your mind against any unwanted negative thoughts. Just remember, all of our successes and failures in life start in the mind. And, for that reason, you are free to create the life you desire based on the thoughts that you think and the actions you take when thinking inside, outside and around the box of life.

Be Open and Honest. Deception crushes more relationships than we care to imagine. You will find when you are trustworthy, people will trust your actions, reactions and decisions. My friend, your honesty and integrity will take you further than having a hidden agenda of deception. Just remember that trust is not always given, it is earned by the way in which you carry yourself and your ability to be straightforward about your intent or motive.

You must be willing to step outside your comfort zone. You must be willing to do what others are afraid to do. Taking a risk is risky business; however, without a risk, nothing is gained. When we are willing to take a risk, it will determine the level in which we achieve your desired goals. It is through our ability to move outside of our comfort zone that governs our ability to venture out into the great unknown.

Exercise Self-Control. We must set a guard over our actions, reactions and thoughts to ensure that we maintain control over self. We are designed to control self, and if we don't, then we cannot expect anyone to do it for us. And, when we are out of control, rest assured that other areas of our life will spiral out of control as well. Having control over self does not make us a control freak unless we violate the will of others or force others to make decisions based upon our expectations. Therefore, you must become a good steward over self or a good manager over self and you will find that you are better able to master your ability to communicate with others without becoming too emotional.

Assume Responsibility. We must learn how to take responsibility for our actions, reactions, attitude and our mishaps in life. Of course, we are all subject to error; however, it is imperative that we learn from our mistakes to prevent a life of déjà vu. An unlearned or ignored lesson is destined to repeat itself in our life with a greater impact. My friend, even though it is easier to pass the blame; but, we do not have time to pass the blame. Today, assume responsibility and all of your mishaps in life become stepping stones of opportunity.

You must become disciplined. Without discipline, we have disorder or compounded confusion. When we lack discipline, we will lack positive or productive results in our lives. And, without discipline, we have a tendency to become lazy. When we become lazy about accomplishing the desires of our heart, we tend to expect others to do that in which we are not willing to do for ourselves. If you want to achieve greatness, slothfulness is not going to get it! Get up, develop a plan of action and get moving; because, if you are going to succeed, your commitment to yourself is required.

Commit to a Plan with added flexibility. When we commit to a goal or a plan, we must keep an open mind. There are times when we may have to adjust our goals or plans, so we must remain open to change. A closed minded individual will find that he or she is inflexible to change, regardless of whether it's positive or negative. Our commitments in life require flexibility because people, places, things and needs change.

You must be willing to share. The law of reciprocity (to give and to receive) is the door to true prosperity. Be Generous. We are just as responsible for giving as we are for receiving. You must be able to give without giving in to becoming a miser. This is definitely what seed, time and harvest is all about. Lastly, what you make happen for others, God can and will make happen for you, guaranteed!